

Bench Press

Women

Age Class: T-A	Classic Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0
48	0	0	0	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0
60	0	0	0	0	0	0	0	0	0
67,5	0	0	0	0	0	0	0	0	0
75	0	0	0	0	0	0	0	0	0
82,5	0	0	0	0	0	0	0	0	0
90	0	0	0	0	0	0	0	0	0
100	0	0	0	0	0	0	0	0	0
110	0	0	0	0	0	0	0	0	0
SHW	0	0	0	0	0	0	0	0	0

Age Class: T-B	Classic Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0
48	0	0	0	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0
60	0	0	0	0	0	0	0	0	0
67,5	0	0	0	0	0	0	0	0	0
75	0	0	0	0	0	0	0	0	0
82,5	0	0	0	0	0	0	0	0	0
90	0	0	0	0	0	0	0	0	0
100	0	0	0	0	0	0	0	0	0
110	0	0	0	0	0	0	0	0	0
SHW	0	0	0	0	0	0	0	0	0

Age Class: T-C	Classic Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0
48	0	0	0	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0
60	0	0	0	0	0	0	0	0	0
67,5	0	0	0	0	0	0	0	0	0
75	47,5	Gade, Stella	WM 2013	0	0	0	0	0	0
82,5	0	0	0	0	0	0	0	0	0
90	0	0	0	0	0	0	0	0	0
100	0	0	0	0	0	0	0	0	0
110	0	0	0	0	0	0	0	0	0
SHW	0	0	0	0	0	0	0	0	0

Age Class: Jun	Classic Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0
48	0	0	0	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0
60	55	Förderer, Selina	DM 2015	0	0	0	0	0	0
67,5	72,5	Ronja Hofmann	DM 2022	0	0	0	120	Annalena Peluso	DM 2023
75	0	0	0	0	0	0	0	0	0
82,5	0	0	0	0	0	0	0	0	0
90	0	0	0	0	0	0	0	0	0
100	0	0	0	0	0	0	0	0	0
110	0	0	0	0	0	0	0	0	0
SHW	0	0	0	0	0	0	0	0	0

Age Class: Ope	Classic Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0
48	0	0	0	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0
60	65	Svitlana Mednikova	DM2021	0	0	0	0	0	0
67,5	130	Nicole Kegeler	Mr. Olympia 2023	0	0	0	0	0	0
75	115	Lolita Zankl	DM 2017	0	0	0	0	0	0
82,5	90	Vanessa Meuser	DM 2020	0	0	0	0	0	0
90	0	0	0	0	0	0	0	0	0
SHW	152,5	Sabine Allner	DM 2022	150	Sabine Allner	WPC WM 2023	0	0	0

Age Class: M-1	Classic Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0
48	0	0	0	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0
56	52	Svitlana Mednikova	EM 2018	50	Schmitt, Britta	0	0	0	0
60	0	0	0	0	0	0	0	0	0
67,5	130	Nicole Kegeler	Mr. Olympia 2023	0	0	0	0	0	0
75	0	0	0	0	0	0	0	0	0
82,5	0	0	0	0	0	0	0	0	0
90	0	0	0	0	0	0	0	0	0
100	0	0	0	0	0	0	0	0	0
110	0	0	0	0	0	0	0	0	0
SHW	0	0	0	0	0	0	0	0	0

Age Class: M-2	Classic Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0
48	0	0	0	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0
56	57,5	Svitlana Mednikova	WM 2019	0	0	0	0	0	0
60	72,5	Svitlana Mednikova	IPL World Cup 2022	47,5	Schmitt, Brita	WM 2008	0	0	0

67,5	73	Svitlana Mednikova	DM 2023	0	0	0	0	0	0
75	85	Irene Pignataro	DM2021	0	0	0	0	0	0
82,5	60	Claudia Borsci	WM 2019	0	0	0	0	0	0
90	0	0	0	0	0	0	0	0	0
100	0	0	0	0	0	0	0	0	0
110	0	0	0	0	0	0	0	0	0
SHW	0	0	0	0	0	0	0	0	0

Age Class: M-3	Classic Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0
48	0	0	0	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0
60	0	0	0	0	0	0	0	0	0
67,5	65	Katja Weber-Menne	DM 2023	0	0	0	0	0	0
75	0	0	0	0	0	0	0	0	0
82,5	0	0	0	82,5	Schwade, Kirsten	WM 2008	0	0	0
90	0	0	0	82,5	Schwade, Kirsten	Holl.M. 2008	0	0	0
100	0	0	0	0	0	0	0	0	0
110	0	0	0	0	0	0	0	0	0
SHW	0	0	0	0	0	0	0	0	0

Age Class: M-4	Classic Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0
48	0	0	0	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0
60	0	0	0	0	0	0	0	0	0
67,5	115	Zankl, Lolita	WM 2015	0	0	0	0	0	0
75	110	Lolita Zankl	DM 2016	0	0	0	0	0	0
82,5	50	Ilka Barteld-Pfeiffer	DM 2023	77,5	Schwade, Kirsten	WM 2009	0	0	0
90	0	0	0	91	Schwade, Kirsten	EM 2011	0	0	0
100	0	0	0	0	0	0	0	0	0
110	0	0	0	0	0	0	0	0	0
SHW	0	0	0	95,5	Schwade, Kirsten	EM 2012	0	0	0

Age Class: M-5	Classic Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0
48	0	0	0	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0
60	0	0	0	0	0	0	0	0	0
67,5	0	0	0	0	0	0	0	0	0
75	0	0	0	0	0	0	0	0	0
82,5	0	0	0	0	0	0	0	0	0
90	0	0	0	100,5	Kirsten Schwade	WM 2016	0	0	0
100	0	0	0	0	0	0	0	0	0
110	0	0	0	0	0	0	0	0	0
SHW	0	0	0	100,5	Schwade, Kirsten	WM 2015	0	0	0

Age Class: M-6	Classic Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0
48	52,5	Inge Kaule	DM 2022	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0
60	0	0	0	0	0	0	0	0	0
67,5	0	0	0	0	0	0	0	0	0
75	0	0	0	0	0	0	0	0	0
82,5	77,5	Eulenstein, Ursula	WM 2015	0	0	0	0	0	0
90	0	0	0	0	0	0	0	0	0
100	0	0	0	0	0	0	0	0	0
110	0	0	0	0	0	0	0	0	0
SHW	0	0	0	0	0	0	0	0	0

Age Class: M-7	Classic Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0
48	0	0	0	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0
60	0	0	0	0	0	0	0	0	0
67,5	0	0	0	0	0	0	0	0	0
75	0	0	0	0	0	0	0	0	0
82,5	0	0	0	0	0	0	0	0	0
90	0	0	0	0	0	0	0	0	0
100	0	0	0	0	0	0	0	0	0
110	0	0	0	0	0	0	0	0	0
SHW	0	0	0	0	0	0	0	0	0

Age Class: M-8	Classic Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0
48	0	0	0	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0
60	0	0	0	0	0	0	0	0	0
67,5	0	0	0	0	0	0	0	0	0
75	0	0	0	0	0	0	0	0	0
82,5	0	0	0	0	0	0	0	0	0
90	0	0	0	0	0	0	0	0	0
100	0	0	0	0	0	0	0	0	0
110	0	0	0	0	0	0	0	0	0
SHW	0	0	0	0	0	0	0	0	0